

*Hydrostatic equilibrium and
stellar structure in $f(R)$ -gravity*

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Outlines

- ★ *Hydrostatic equilibrium of stellar structures*
- ★ *The Newtonian limit of $f(\mathcal{R})$ -gravity*
- ★ *Stellar hydrostatic equilibrium in $f(\mathcal{R})$ -gravity*
- ★ *Solution of the standard and modified Lane-Emden equations*
- ★ *Discussion and conclusions*
- ★ *Next steps*



Setting the problem

- Several open questions in modern Astrophysics ask for new paradigms.
- No evidence of Dark Energy and Dark Matter at fundamental level (LHC, astroparticle physics, ground based experiments...).
- Such problems could be framed extending GR at infrared scales
- GR does not work at ultraviolet scales (no quantum gravity theory up to now).
- $f(R)$ -gravity as minimal extension but other modifications are possible.
- Several stellar structures cannot be addressed by the standard theory of stellar evolution (magnetars, variable stars, etc..)
- Big issue: Is it possible to revise stellar theory in view of extended gravity?



Hydrostatic equilibrium of stellar structures

The condition of hydrostatic equilibrium in Newtonian dynamics is

$$\frac{dp}{dr} = -\frac{d\Phi}{dr} \rho$$

- ✧ p is the pressure,
- ✧ Φ is the gravitational potential,
- ✧ ρ is the density

The Poisson equation
$$\frac{1}{r^2} \frac{d}{dr} \left(r^2 \frac{d\Phi}{dr} \right) = -4\pi G \rho$$

Since we are taking into account only static and stationary situations, here we consider only time independent solutions

In general, the temperature τ appears and the density ρ satisfies an equation of state of the form

$$\rho = \rho(p, \tau)$$



Hydrostatic equilibrium of stellar structures

We assume that there exists a polytropic relation between p and ρ of the form

$$p = K\rho^\gamma$$

- ★ K is the polytropic constant that can be obtained as a combination of fundamental constants
- ★ The constant γ is the polytropic exponent.
- ★ Note that $\Phi > 0$ is in the interior of the model, since we define the gravitational potential as $-\Phi$

Inserting the polytropic equation of state, we obtain

$$\frac{d\Phi}{dr} = \gamma K \rho^{\gamma-2} \frac{d\rho}{dr}$$



Hydrostatic equilibrium of stellar structures

For $\gamma \neq 1$, the above equation can be integrated giving

$$\frac{\gamma K}{\gamma - 1} \rho^{\gamma-1} = \Phi \rightarrow \rho = \left[\frac{\gamma - 1}{\gamma K} \right]^{1/(\gamma-1)} \Phi^{1/(\gamma-1)} \doteq A_n \Phi^n$$

★ We have chosen the integration constant to give $\Phi = 0$ at surface ($\rho = 0$)

★ $n = \frac{1}{\gamma-1}$ Is the polytropic index

Inserting the above relation into the Poisson equation, we obtain a differential equation for the gravitational potential

$$\frac{d^2 \Phi}{dr^2} + \frac{2}{r} \frac{d\Phi}{dr} = -4\pi G A_n \Phi^n$$



Hydrostatic equilibrium of stellar structures

Let us define now the dimensionless variables:

$$z = |\mathbf{x}| \sqrt{\frac{\chi A_n \Phi_c^{n-1}}{2}} \qquad w(z) = \frac{\Phi}{\Phi_c} = \left(\frac{\rho}{\rho_c}\right)^{1/n}$$

- ★ Where the subscript c refers to the center of the star and the relation between ρ and Φ
- ★ At the center ($r = 0$), we have $z = 0$, $\Phi = \Phi_c$, $\rho = \rho_c$ and therefore $w = 1$

Then we obtain the standard Lane-Emden equation describing the hydrostatic equilibrium of stellar structures in the Newtonian theory

$$\frac{d^2 w}{dz^2} + \frac{2}{z} \frac{dw}{dz} + w^n = 0$$



The Newtonian limit of $f(R)$ - gravity

Let us start with a general class of Extended Theories of Gravity (ETG) given by the action

$$\mathcal{A} = \int d^4x \sqrt{-g} [f(R) + \chi \mathcal{L}_m],$$

Varying the action with respect to the metric we obtain the field equations

$$f' R_{\mu\nu} - \frac{f}{2} g_{\mu\nu} - f_{;\mu\nu} + g_{\mu\nu} \square f' = \chi T_{\mu\nu}$$

$$3\square f' + f' R - 2f = \chi T,$$

S. Capozziello, M. De Laurentis *Phys. Rep.* 509, 167-321 (2011)

S. Capozziello, M. Francaviglia, *Gen. Relativ. Gravit.* 40, 357 (2007)

The Newtonian limit of $f(\mathcal{R})$ - gravity

In order to achieve the Newtonian limit of the theory the metric tensor has to be approximated as follows:

$$g_{\mu\nu} \sim \begin{pmatrix} 1 - 2\Phi(t, \mathbf{x}) + \mathcal{O}(4) & \mathcal{O}(3) \\ \mathcal{O}(3) & -\delta_{ij} + \mathcal{O}(2) \end{pmatrix},$$

The Ricci scalar formally becomes

$$R \sim R^{(2)}(t, \mathbf{x}) + \mathcal{O}(4).$$

The n -th derivative of Ricci function can be developed as

$$f^n(R) \sim f^n(R^{(2)} + \mathcal{O}(4)) \sim f^n(0) + f^{n+1}(0)R^{(2)} + \mathcal{O}(4)$$

here \mathcal{R}^n denotes a quantity of order $\mathcal{O}(n)$

The Newtonian limit of $f(\mathcal{R})$ - gravity

Field equations at $\mathcal{O}(2)$ -order, that is at the Newtonian level, are

$$R_{tt}^{(2)} - \frac{R^{(2)}}{2} - f''(0) \Delta R^{(2)} = \chi T_{tt}^{(0)}$$
$$-3f''(0) \Delta R^{(2)} - R^{(2)} = \chi T^{(0)},$$

★ Δ is the Laplacian in the flat space $\mathcal{R}_{tt} = \Delta \Phi$ and, for the sake of simplicity, we set $f'(\mathcal{R})|_0 = 1$

We recall that the energy-momentum tensor for a perfect fluid is

$$T_{\mu\nu} = (\epsilon + p)u_\mu u_\nu - p g_{\mu\nu},$$

★ p is the pressure and ϵ is the energy density

The Newtonian limit of $f(\mathcal{R})$ - gravity

Being the pressure contribution negligible in the field equations in the Newtonian approximation, we have

modified Poisson equation
$$\begin{cases} \Delta \Phi + \frac{R^{(2)}}{2} + f''(0) \Delta R^{(2)} = -\mathcal{X}\rho \\ 3f''(0) \Delta R^{(2)} + R^{(2)} = -\mathcal{X}\rho, \end{cases}$$

★ ρ is now the mass density

For $f''(\mathcal{R}) = 0$ we have the standard Poisson equation

$$\Delta \Phi = -4\pi G\rho$$

This means that as soon as the second derivative of $f(\mathcal{R})$ is different from zero, deviations from the Newtonian limit of $G\mathcal{R}$ emerge

Stellar hydrostatic equilibrium in $f(\mathcal{R})$ - gravity

From the Bianchi identities we have

$$T^{\mu\nu}{}_{;\mu} = 0 \rightarrow \frac{\partial p}{\partial x^k} = -\frac{1}{2}(p + \epsilon) \frac{\partial \ln g_{tt}}{\partial x^k}.$$

- ★ If the dependence on the temperature is negligible, this relation can be introduced into field equations, which becomes a system of three equations for p , Φ and \mathcal{R} .(2) and can be solved without the other structure equations.

Let us suppose that matter still satisfies a polytropic equation

$$p = K \rho^\gamma$$



Stellar hydrostatic equilibrium in $f(\mathcal{R})$ - gravity

We obtain an integral-differential equation for the gravitational potential, that is

$$\begin{aligned}\Delta \Phi(\mathbf{x}) + \frac{2\chi A_n}{3} \Phi(\mathbf{x})^n \\ = -\frac{m^2 \chi A_n}{6} \int d^3 \mathbf{x}' \mathcal{G}(\mathbf{x}, \mathbf{x}') \Phi(\mathbf{x}')^n\end{aligned}$$

★ $\mathcal{G}(\mathbf{x}, \mathbf{x}') = -\frac{1}{4\pi} \frac{e^{-m|\mathbf{x}-\mathbf{x}'|}}{|\mathbf{x}-\mathbf{x}'|}$ is the Green function

★ $m^2 = -\frac{1}{3f''(0)}$



Stellar hydrostatic equilibrium in $f(\mathcal{R})$ - gravity

Adopting again the dimensionless variables

$$z = \frac{|\mathbf{x}|}{\xi_0} \quad w(z) = \frac{\Phi}{\Phi_c}$$

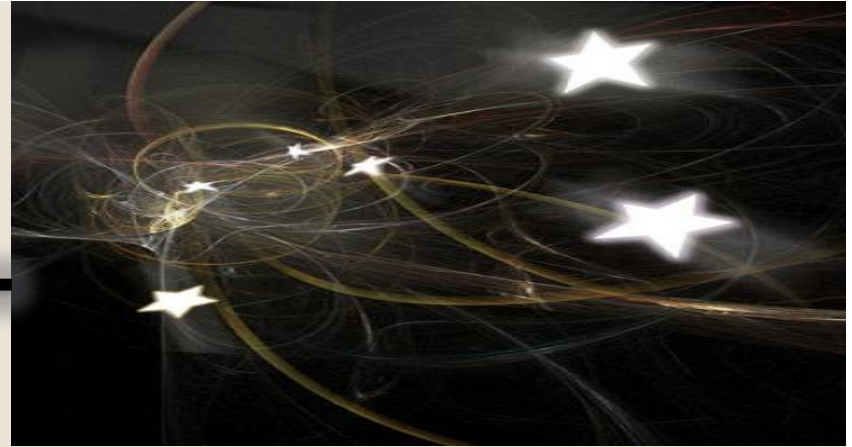
★ $\xi_0 \doteq \sqrt{\frac{3}{2\chi A_n \Phi_c^{n-1}}}$ is a characteristic length linked to stellar radius ξ

The Lane-Emden in $f(\mathcal{R})$ -gravity becomes

$$\begin{aligned} \frac{d^2 w(z)}{dz^2} + \frac{2}{z} \frac{dw(z)}{dz} + w(z)^n \\ = \frac{m\xi_0}{8} \frac{1}{z} \int_0^{\xi/\xi_0} dz' z' \left\{ e^{-m\xi_0|z-z'|} - e^{-m\xi_0|z+z'|} \right\} w(z')^n \end{aligned}$$



Solutions of the standard and modified Lane-Emden equations



The task is now to solve the modified Lane-Emden equation and compare its solutions to those of the standard Newtonian theory

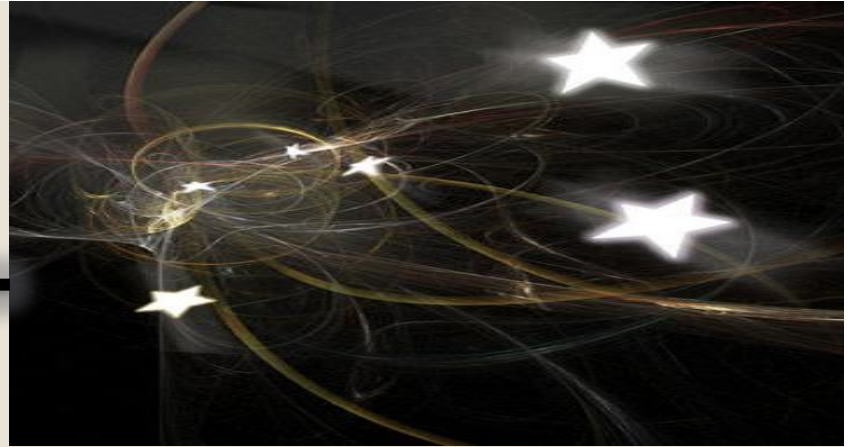
Only for three values of n , the classical solutions have analytical expression

$$n = 0 \rightarrow w_{\text{GR}}^{(0)}(z) = 1 - \frac{z^2}{6}$$

$$n = 1 \rightarrow w_{\text{GR}}^{(1)}(z) = \frac{\sin z}{z}$$

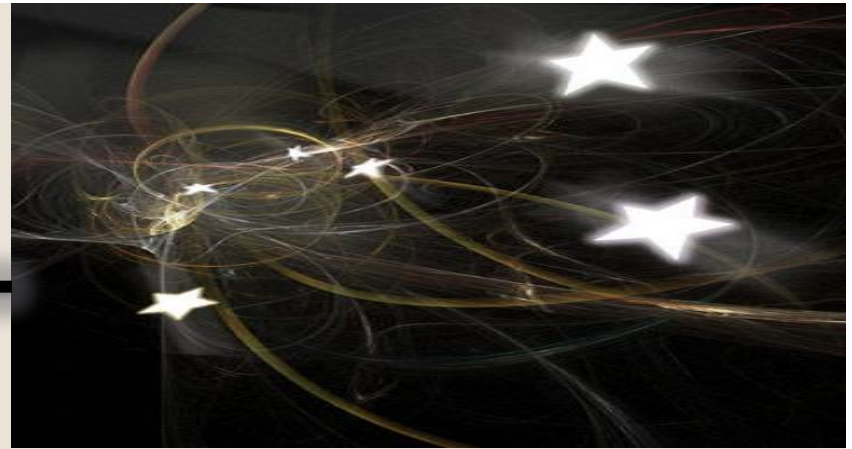
$$n = 5 \rightarrow w_{\text{GR}}^{(5)}(z) = \frac{1}{\sqrt{1 + \frac{z^2}{3}}}$$

Solutions of the standard and modified Lane-Emden equations



- ★ The surface of the polytrope of index n is defined by the value $z = z^{(n)}$, where $\rho = 0$ and thus $w = 0$
- ★ For $n = 0$ and $n = 1$ the surface is reached for a finite value of $z = z^{(n)}$
- ★ The case $n = 5$ yields a model of infinite radius
- ★ It can be shown that for $n < 5$ the radius of polytropic models is finite; for $n > 5$ they have infinite radius
- ★ One finds $z^{(0)}_{GR} = \sqrt{6}$, $z^{(1)}_{GR} = \pi$, $z^{(5)}_{GR} = \infty$
- ★ A general property of the solutions is that $z^{(n)}$ grows monotonically with the polytropic index n

Solutions of the standard and modified Lane-Emden equations



Apart from the three cases where analytic solutions are known, the classical Lane-Emden has to be solved numerically, considered with the expression for the neighborhood of the center

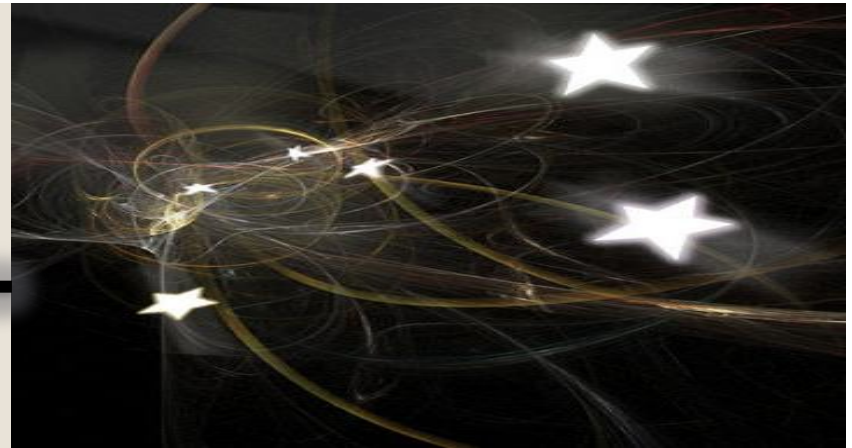
$$w_{\text{GR}}^{(n)}(z) = \sum_{i=0}^{\infty} a_i^{(n)} z^i$$

at lowest orders, a classification of solutions by the index n , that is

$$w_{\text{GR}}^{(n)}(z) = 1 - \frac{z^2}{6} + \frac{n}{120} z^4 + \dots$$

★ The case $\Upsilon=5/3$ and $n=3/2$ is the nonrelativistic limit while the case $\Upsilon=4/3$ and $n=3$ is the relativistic limit of a completely degenerate gas.

Solutions of the standard and modified Lane-Emden equations



For the modified Lane-Emden, we have an exact solution for $n = 0$, in fact

$$w_{f(R)}^{(0)}(z) = 1 - \frac{z^2}{8} + \frac{(1 + m\xi)e^{-m\xi}}{4m^2\xi_0^2} \left[1 - \frac{\sinh m\xi_0 z}{m\xi_0 z} \right],$$

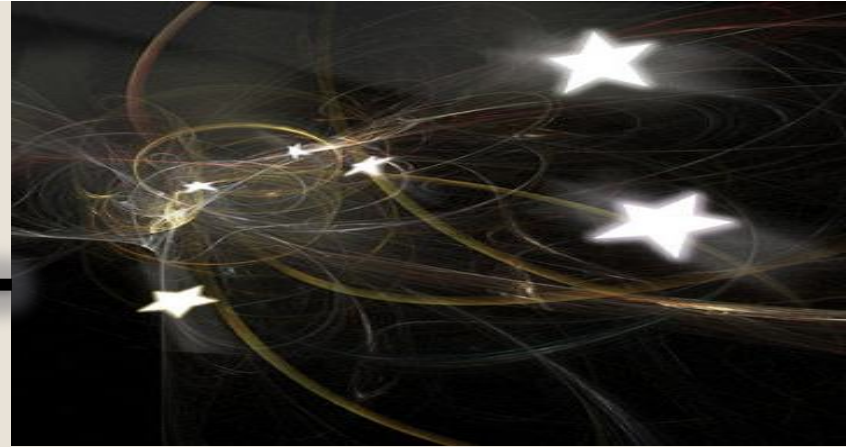
where the boundary conditions $w(0) = 1$ and $w'(0) = 0$ are satisfied

★ A comment on the GR limit (that is $f(\mathcal{R}) \rightarrow \mathcal{R}$) of above solution is necessary.

In fact, when we perform the limit $m \rightarrow \infty$ we do not recover exactly $w^{(0)}_{GR}(z)$. The difference is in the definition of quantity ξ_0

In GR it is
$$\xi_0 = \sqrt{\frac{2}{\chi_{A_n} \Phi_c^{n-1}}}$$

Solutions of the standard and modified Lane-Emden equations



The point $z^{(0)}_{f(R)}$ is calculated by imposing $W^{(0)}_{f(R)}(z^{(0)}_{f(R)}) = 0$ and by considering the Taylor expansion

$$\frac{\sinh m\xi_0 z}{m\xi_0 z} \sim 1 + \frac{1}{6}(m\xi_0 z)^2 + \mathcal{O}(m\xi_0 z)^4$$

We obtain
$$z^{(0)}_{f(R)} = \frac{2\sqrt{6}}{\sqrt{3+(1+m\xi)e^{-m\xi}}}$$

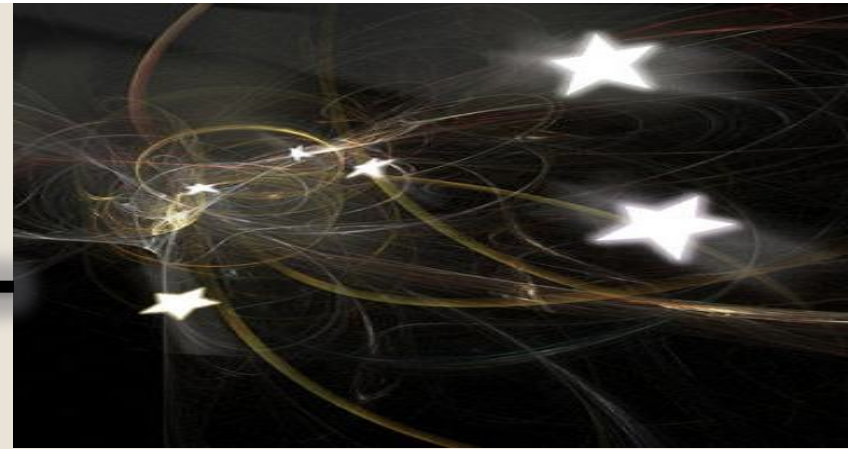
Since the stellar radius ξ is given by definition $\xi = \xi_0 z^{(0)}_{f(R)}$ we obtain

$$\xi = \sqrt{\frac{3\Phi_c}{2\pi G}} \frac{1}{\sqrt{1 + \frac{1+m\xi}{3} e^{-m\xi}}}$$

By solving numerically the constraint, we find the modified expression of the radius

If $m \rightarrow \infty$ we have the standard expression valid for the Newtonian limit of GR

Solutions of the standard and modified Lane-Emden equations



In the $f(\mathcal{R})$ -gravity case, for $n=0$, the radius is smaller than in GR

In the case $n=1$ we obtain

$$\frac{d^2 \tilde{w}(z)}{dz^2} + \tilde{w}(z) = \frac{m\xi_0}{8} \int_0^{\xi/\xi_0} dz' \times \left\{ e^{-m\xi_0|z-z'|} - e^{-m\xi_0|z+z'|} \right\} \tilde{w}(z'),$$

$$\tilde{w} = zw$$

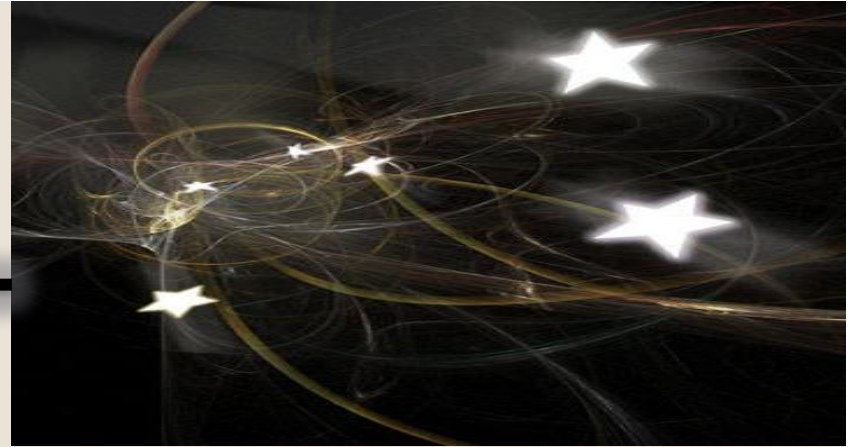
If we perturb this equations we have $\tilde{w}_{f(R)}^{(1)}(z) \sim \tilde{w}_{GR}^{(1)}(z) + e^{-m\xi} \Delta \tilde{w}_{f(R)}^{(1)}(z)$.

The coefficient $e^{-m\xi} < 1$ is the parameter with respect to which we perturb

And then

$$\begin{aligned} & \frac{d^2 \Delta \tilde{w}_{f(R)}^{(1)}(z)}{dz^2} + \Delta \tilde{w}_{f(R)}^{(1)}(z) \\ &= \frac{m\xi_0 e^{m\xi}}{8} \int_0^{\xi/\xi_0} dz' \left\{ e^{-m\xi_0|z-z'|} - e^{-m\xi_0|z+z'|} \right\} \tilde{w}_{GR}^{(1)}(z') \end{aligned}$$

Solutions of the standard and modified Lane-Emden equations



And the solutions is easily found to be

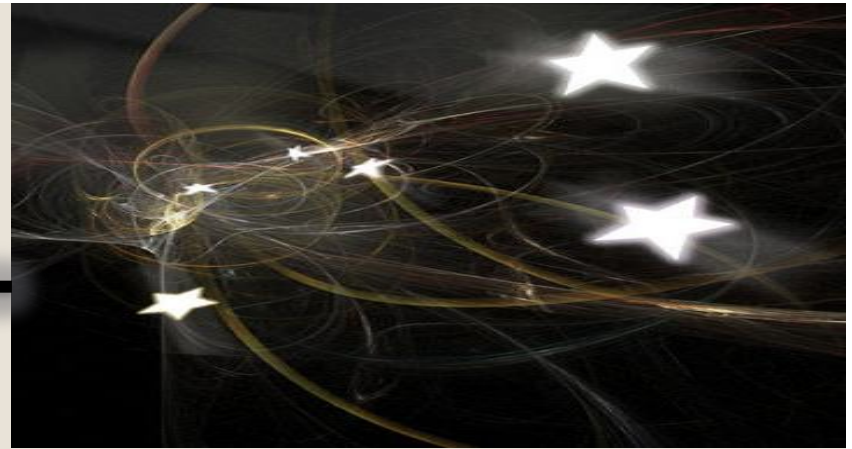
$$w_{f(R)}^{(1)}(z) \sim \frac{\sin z}{z} \left\{ 1 + \frac{m^2 \xi_0^2}{8(1 + m^2 \xi_0^2)} \left[1 + \frac{2e^{-m\xi}}{1 + m^2 \xi_0^2} \right. \right. \\ \left. \left. \times (\cos \xi / \xi_0 + m \xi_0 \sin \xi / \xi_0) \right] \right\} \\ - \frac{m^2 \xi_0^2}{8(1 + m^2 \xi_0^2)} \left[\frac{2e^{-m\xi}}{1 + m^2 \xi_0^2} \right. \\ \left. \times (\cos \xi / \xi_0 + m \xi_0 \sin \xi / \xi_0) \frac{\sinh m \xi_0 z}{m \xi_0 z} + \cos z \right].$$

Also in this case, for $m \rightarrow \infty$, we do not recover exactly $w_{GR}^{(1)}(z)$

The reason is the same of the previous $n = 0$ case

Analytical solutions for other values of n are not available

Solutions of the standard and modified Lane-Emden equations



Finally we report the gravitational potential profile generated by a spherically symmetric source of uniform mass with radius ξ

We can impose a mass density of the form $\rho = \frac{3M}{4\pi\xi^3} \Theta(\xi - |\mathbf{x}|)$,

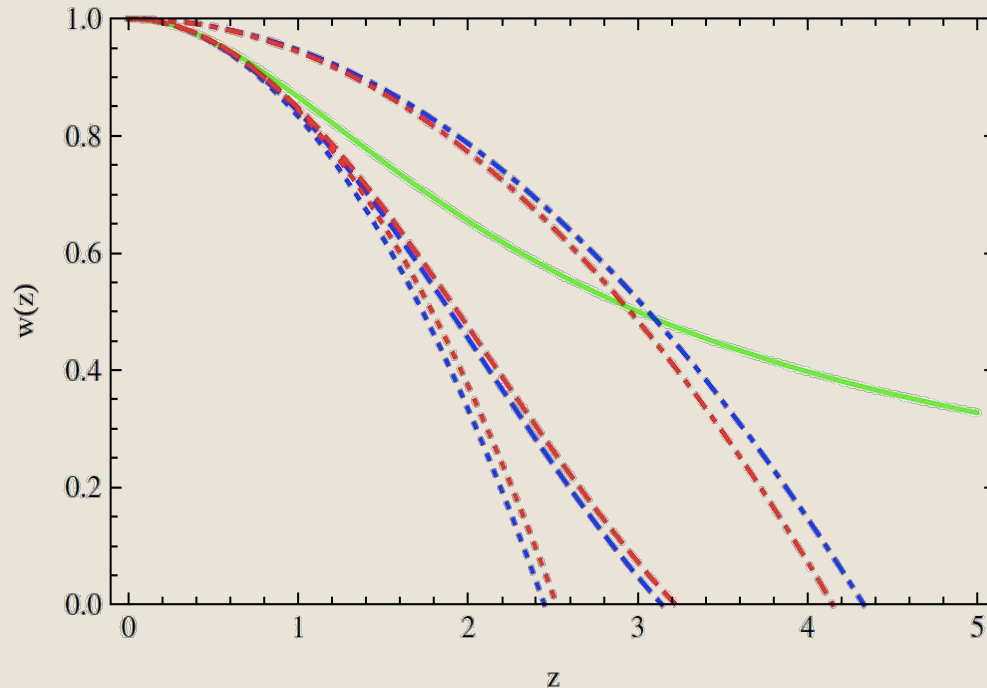
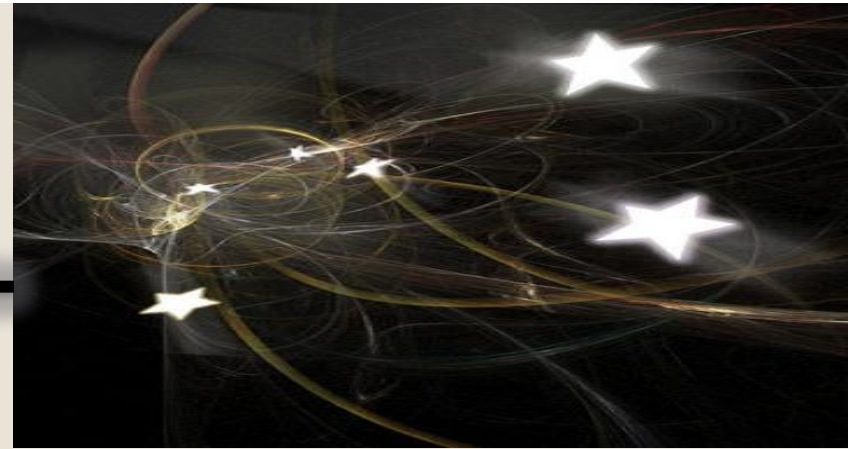
★ Θ is the Heaviside function and M is the mass

By solving field equations inside the star and considering the boundary conditions $w(0) = 1$ and $w'(0) = 0$, we get

$$w_{f(R)}(z) = \left[\frac{3}{2\xi} + \frac{1}{m^2\xi^3} - \frac{e^{-m\xi}(1+m\xi)}{m^2\xi^3} \right]^{-1} \left[\frac{3}{2\xi} + \frac{1}{m^2\xi^3} - \frac{\xi_0^2 z^2}{2\xi^3} - \frac{e^{-m\xi}(1+m\xi)}{m^2\xi^3} \frac{\sinh m\xi_0 z}{m\xi_0 z} \right].$$

In the limit $m \rightarrow \infty$ we recover the GR case $w_{\text{GR}}(z) = 1 - \frac{\xi_0^2 z^2}{3\xi^2}$

Solutions of the standard and modified Lane-Emden equations



★ Plot of solutions (blue lines) of standard Lane-Emden: $w^{(0)}_{GR}(z)$ (dotted line) and $w^{(1)}_{GR}(z)$ (dashed line). The green line corresponds to $w^{(5)}_{GR}(z)$

★ The red lines are the solutions of modified Lane-Emden: $w^{(0)}_{f(R)}(z)$ (dotted line) and $w^{(1)}_{f(R)}(z)$ (dashed line).

★ The blue dashed-dotted line is the potential derived from GR $w_{GR}(z)$ and the red dashed-dotted line is the potential derived from $f(R)$ gravity for a uniform spherically symmetric mass distribution

★ From a rapid inspection of these plots, the differences between GR and $f(R)$ gravitational potentials are clear and the tendency is that at larger radius z they become more evident.

Discussion and Conclusions

- ★ *The hydrostatic equilibrium of a stellar structure in the framework of $f(\mathcal{R})$ gravity has been considered.*
- ★ *Adopting a polytropic equation of state relating the mass density to the pressure, we derive the modified Lane'-Emden equation and its solutions for $n = 0, 1$ which can be compared to the analogous solutions coming from the Newtonian limit of GR*
- ★ *When we consider the limit $f(\mathcal{R}) \rightarrow \mathcal{R}$, we obtain the standard hydrostatic equilibrium theory coming from GR*
- ★ *A peculiarity of $f(\mathcal{R})$ gravity is the nonviability of the Gauss theorem, and then the modified Lane'-Emden equation is an integro-differential equation where the mass distribution plays a crucial role*
- ★ *The correlation between two points in the star is given by a Yukawa-like term of the corresponding Green function*

Discussion and Conclusions

- ★ *These solutions have been matched with those coming from GR and the corresponding density radial profiles have been derived*
- ★ *In the case $n = 0$, we find an exact solution, while, for $n = 1$, we used a perturbative analysis with respect to the solution coming from GR*
- ★ *It is possible to demonstrate that density radial profiles coming from $f(R)$ gravity analytic models and close to those coming from GR are compatible*
- ★ *This result rules out some wrong claims in the literature stating that $f(R)$ gravity is not compatible with self-gravitating systems*

Next Steps

- ★ *The next step is to derive self-consistent numerical solutions of the modified Lane'-Emden equation and build up realistic star models where further values of the polytropic index n and other physical parameters, e.g. temperature, opacity, transport of energy, are considered.*
- ★ *These models are a challenging task, since, up to now, there is no self-consistent, final explanation for compact objects (e.g. neutron stars) with masses larger than Tolman-Volkoff mass, while observational evidence widely indicates these objects. Another important issue is that such an approach could allow to address dynamics of systems like Wolf-Rayet stars, magnetars and oscillating stars.*

Work in progress...see Mariafelicia Talk!